



7 Tips From Our Teachers

The following are tips our teachers would like you to take into consideration to ensure quality childcare and to help make your child's experience at preschool much more enjoyable. Here are a few things to keep in mind each morning before sending your child to school:

1. Keep clothing simple. If it has more than 4 buttons or snaps, please don't send your child to school in it. Preschool teachers are required to change/potty train your child every 2 hours. This doesn't count the several times during the day that they are wet or have potty accidents in between the two hours. When dressing your child, think simple and please consider the number of children in the classroom.
 2. Think of preschool clothes as play clothes. It is probably not a good idea to send your child to school in clothes you wouldn't want to get messy. Preschool is sometimes a messy environment. Children that are just learning to eat by themselves tend to get food everywhere! Your child will often paint, use markers, and play outside in the dirt/sand/water. Anything that a child gets on their hands will most likely end up on their clothes.
 3. Keep your child at home when sick. Children get sick, and when they are sick they spread germs. To keep classrooms healthy, teachers need your help. If your child is not feeling well please keep them home.
 4. Separation anxiety is normal. It is normal for your child to cry or scream at times for your attention when you try to leave. We understand it is difficult for you to walk away while your child is doing so. Based on our experience however it is best to simply give your child a kiss goodbye, hand them over to the teacher, and walk out. Your child will not cry all day and we will do everything we can to comfort them. The teacher needs to get your child involved in class as quickly as possible so that they can get back to focusing their attention on all the children in the room. If you feel uncomfortable leaving them, stand in the hall (out of their sight) and watch for a few minutes. Once they notice that you aren't watching they will stop crying, join in with the others, and you will feel more comfortable leaving them. Set this guideline early, to make the morning drop-off more routine to create less stress for you and your child.
 5. Sometimes your child will get hurt. In a classroom, or a play yard full of children, things can happen so quickly that it's hard to prevent every single incident. Teachers are constantly doing their very best to maintain a safe and healthy environment for you child.
 6. Discipline is very important. Talk to your child. Let them know that you won't tolerate misbehavior. Without the support of the parents, misbehaviors will continue, disrupting class and causing an unsafe environment for everyone. Please keep in mind teachers play an important role in the development of your children. They are trained professionals there to help your child learn and grow, and to be there when you aren't available. By keeping these 6 simple things in mind, your child's teacher will be able to focus more on the care of the children, and everyone's day will go more smoothly.
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7. Leave toys at home. Teachers understand that children like to take their toys to school. For that reason we allow for sharing once per week as scheduled by your classroom teacher. Other than for sharing, please keep toys at home. They are disruptive to the classroom, cause unnecessary fighting, and can at times be unsafe for the other children. They also tend to get lost and or damaged. Help your child understand that home toys stay at home and school toys stay at school. It makes for much smoother school days.
