



November Curriculum

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Our themes for the month of November include healthy foods, food groups, being thankful and Thanksgiving. Our color of the month is brown and we will be working on the number 3, as well as continue with our weekly letter themes H-J.

We will learn the basics about the foods we eat, the concept of food groups, as well as how foods are grown.

We will also be discussing Thanksgiving, giving back and being thankful for all that we have.

To go along with our theme we will participate in a canned food drive beginning Tuesday, November 1st through Friday, November 11th. Please join us in donating non-perishable food items to the bin located in the front Fourth Street building. All items will be donated to The Tri Valley Haven Food Pantry in Livermore.

Thanksgiving Lunch

You are invited to join us Thursday, November 17th at 11:45 am for Storyland's Thanksgiving lunch. No need to bring in a lunch, as we will be serving turkey sandwiches, fresh fruit and vegetables, and pumpkin pie ice cream for dessert!

All children are welcome but due to teacher/child ratios we ask you stay with your child if it is not their regularly scheduled day.

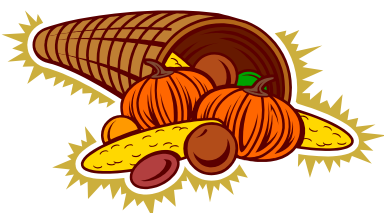
Upcoming Events

November:

- Canned Food Drive - November 1st-11th
- Thanksgiving Lunch - Thursday, November 17th
- Storyland closed Thursday, November 24th and Friday November 25th for Thanksgiving

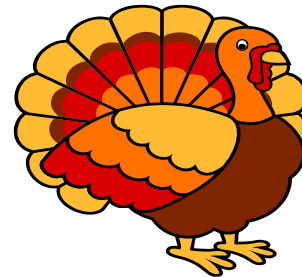
Coming Soon:

- Breakfast with Santa & Book Exchange- Friday, Dec.16th
- Storyland closed for Teacher Planning Dec. 23rd
- Storyland closed for Winter break Dec. 26th—January 2nd
- Storyland closed January 16th in observance of Martin Luther King Jr.



Important Reminders

- **Monthly Tuition** - Tuition is based on a 20 day month. Most months have 21-22 days. We make this adjustment by working in our school holidays and closures. For this reason tuition rates remain the same each month, including the month of December. In addition, during this time of year, we receive many requests for vacation credits. Please understand that we have to hold the spot for your child whether they attend or not and therefore we maintain the same number of staff members. For this reason we are not able to provide tuition credits. Thank you in advance for your understanding.
- **Illness** - Children should be kept at home when they are ill. Should your child become ill during the school day, we will call you, arrangements must be made for your child to be picked up from school. Children with fever must be fever-free for at least 24 hours before returning to school.
- For safety reasons, please do not let your child open the front entry way door. Please close the door immediately after entering or exiting the building.
- Please sign your child in and out everyday. Please do not let your child touch the sign-in touch screen.
- If you love Storyland School, please share your experience at yelp.com or you can go directly to: www.yelp.com/biz/storyland-preschool-livermore



Happy Birthday!

Taylor Trigueros	11/1	Lara DeJong	11/12
Ethan Limas	11/1	Adrian Carter	11/19
Jameson Geldermann	11/6	Davin Faye	11/27
Arthur Neiro Mattos Duarte	11/11	Zev Hansen	11/30

Why is Hand Washing So Important?

kidshealth.org

Kids don't always listen when parents tell them to wash their hands before eating, after using the bathroom, or when they come inside from playing. But it's a message worth repeating — hand washing is by far the best way to prevent germs from spreading and to keep kids from getting sick

First Line of Defense Against Germs

Germs can spread many ways, including:

- touching dirty hands
- changing dirty diapers
- through contaminated water and food
- through droplets in the air released during a cough or sneeze
- on contaminated surfaces
- through contact with a sick person's body fluids

When kids come into contact with germs, they can unknowingly become infected simply by touching their eyes, nose, or mouth. And once they're infected, it's usually just a matter of time before the whole family comes down with the same illness.

Good hand washing is the first line of defense against the spread of many illnesses — from the common cold to more serious infections, such as meningitis, bronchiolitis, the flu, hepatitis A, and most types of infectious diarrhea.

Washing Hands Correctly

Here's how to scrub those germs away. Teach this routine to your kids — or better yet, wash your hands together often so they learn how important this good habit is:

- Wash your hands in warm water. Make sure the water isn't too hot for little hands.
- Use soap and lather up for about 20 seconds (antibacterial soap isn't necessary — any soap will do). Make sure you get in between the

fingers and under the nails where germs like to hangout. And don't forget the wrists!

- Rinse and dry well with a clean towel.

To minimize the germs passed around your family, make regular hand washing a rule for everyone, especially:

- before eating and cooking
- after using the bathroom
- after cleaning around the house
- after touching animals, including family pets
- before and after visiting or taking care of any sick friends or relatives
- after blowing one's nose, coughing, or sneezing
- after being outside (playing, gardening, walking the dog, etc.)

Don't underestimate the power of hand washing! The few seconds you spend at the sink could save you trips to the doctor's office.



Reviewed by: Rupal Christine Gupta, MD
Date reviewed: August 2015