



**Special points of interest:**

- Curriculum
- Cancelled Events
- Happy Mother's Day
- Teacher Appreciation Week
- May Birthdays
- Reminders
- Upcoming Events
- Parent Center

**Distance Learning Curriculum**

Our theme for the month of May is "Nature". It is important for children to explore, observe and learn to care for the things found in nature such as plants, insects and animals. This helps children to respect and value the natural world around them.

Our colors of the month are black and white and we will also be working on the number 10. We will continue with our letter review as well.

We hope our students are continuing to enjoy the distance learning curriculum. As always, please feel free to reach out to me with any questions and/or feedback.

**Cancelled Storyland Events**

Due to the shelter in place order as well as the social distancing guidelines we will be required to follow upon our return to Storyland, the following events have been cancelled.

**Spring/Graduation Picture Days**

**Pre-K Graduation-** It truly saddens us to cancel graduation as this is one of our favorite events every year. Ms. Cassie, Ms. Sammie and myself are working on an alternative way to celebrate with our graduating students. We will reach out to graduating families as soon as we have finalized our plan.

**Open House-** teachers will distribute all student work that was intended for Open House once we are able to return to Storyland. We will send an email to announce when items are ready for pick-up.

**Happy Mother's Day to all of our Storyland Moms!**

Unfortunately, we are not able to celebrate all of you moms with our annual "Muffins for Mom" breakfast. We want to thank you all for everything you do and for giving us the opportunity to help your child(ren) learn and grow. We hope you enjoy your special day with your family during this SIP.



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## Happy Birthday!

Parker Failing	5/3
Gia Veksler	5/8
Makena Neely-Turan	5/13
Ms. Brittney Antonucci	5/13
Ms. Sara Hutchinson	5/15
Samrithi Senthilkumar	5/17
Darius Xie	5/18
Holly Jones	5/19
Makenzie Wilcox	5/23
Genevieve Lehr	5/24
Kennedy Arnold	5/28



## Teacher Appreciation Week

May 4th through May 8th is National Teacher Appreciation Week!

Let's celebrate our favorite  
SUPERHEROES... our Storyland Teachers!



Let's show our teachers how much we appreciate all their hard work with a week long celebration.

Please check your email for some top secret information!

## Upcoming Events

### May:

Muffins for Moms - Cancelled

Open House - Cancelled

Storyland will be closed Monday, May 25th

### June:

Donuts for Dad - Cancelled

Graduation - Cancelled

Summer Session begins Monday, June 8th



### Healthy, Fit Families

<http://families.naeyc.org/article/healthy-fit-families#sthash.hEDbbN4y.dpuf>

Children need to move their bodies and eat healthy foods. Families can promote healthy habits by encouraging children to eat nutritious foods and get some exercise every day. Here are some suggestions.



- ◆ **Follow the nutrition guidelines for children under 6.** Information on nutritious foods, portion sizes, and sample menus for planning snacks and meals are available free through the USDA.
- ◆ **Eat meals together.** You'll know what your child is eating, you can model appropriate choices and portion sizes, and you'll have fun talking and spending time as a family.
- ◆ **Steer your child toward healthier choices at fast food restaurants.** Look for salads, sliced apples, baby carrots, and low-fat milk in colorful containers.
- ◆ **Offer fun, healthy snacks.** Ants on a log (celery sticks with peanut butter or cream cheese topped with raisins), sliced fresh fruit on a skewer, or raw vegetables and low-fat yogurt dip are favorites of many young children.
- ◆ **Teach your child to listen to his or her stomach.** When children do this, they'll learn to know when they have had enough to eat. It takes 15 to 20 minutes after eating to know if you're really hungry for seconds.
- ◆ **Plan a taste-testing event.** Family members can taste and vote on new, healthy foods—veggie burgers, baby spinach, turkey hot dogs, whole wheat pasta, kiwis, and the like. Then make the favorites part of your regular menu.
- ◆ **Give hugs and kisses—not food—for comfort and encouragement.** This simple action helps children associate eating healthy foods with taking care of themselves. They are likely to grow up to be adults who avoid using food as a reward or a way to cope with stress.
- ◆ **Limit your children's screen time.** Instead of watching television or playing on the computer, spend time together—go for a run, kick a ball around, ride bikes (or trikes), or take a nature hike.
- ◆ **Walk instead of driving to nearby places.** Leave the stroller at home. Park a few blocks from the store and walk the rest of the way. Get off the bus a stop or two away from your destination and walk the remainder.

